

My Easy-Bake Oven

You're always putting things in your mouth,
people told me. That's why
you're always getting sick. I did not buy
the Easy-Bake oven to create. I bought it
to sterilize, kill, make ingredients harmless,
put my fingers in a body to swallow my cargo.
Easy-Bake as catalyst.

Ingredients: DNA, suntan, thesaurus words.
I rolled, kneaded flour and butter, cut into animal-cracker shapes.
The swan and the mule reduced anxiety.
The mouse contained an ingredient that closed pores.
I always tasted my own cookies first. I wanted to go as close
to too far as possible but never
go too far.

One mistake I made
was a banana muffin. I ate one sample, took off
all my clothes, and did not recognize my body.
It had become a poem. I loved it
at first. Poetry is the highest of language arts, I believed.
Something inside every body needs poetry.
My parents had eaten my poems
and turned into songs, which was
the same. Music and poetry fulfill a physiological need,
not just cerebral.

I believed every body
needed my body, not just loved it. They kissed
my metaphors and ate my palimpsests. After a while,
I stopped baking. I hated my body. I learned that
there is nothing special or important about a poem
just because I wrote it.

—Christine Jessica Margaret Rilly

